

The ISU has officially announced the 2025/26 Jr Grand Prix Season. Canada is eligible to send entries to the following competitions:

Dates	Competition	Location	Men	Women	Pairs	Dance
20-23 AUG	JGP LAT	Riga	1	1	3	1
27-30 AUG	JGP TUR	Ankara	0	0	3	2
3-6 SEP	JGP ITA	Varese	1	1	n/a	1
9-13 SEP	JGP THA	Bangkok	1	1	3	2
24-27 SEP	JGP AZE	Baku	0	0	n/a	1
1-4 OCT	JGP POL	Gdansk	1	1	3	1
8-11 OCT	JGP UAE	Abu Dhabi	1	1	n/a	1
3-7 DEC	JGP FINAL	Nagoya, Japan	TBD	TBD	TBD	TBD

### LONG-LISTING OF SKATERS

To ease the process of quickly entering delegations (skaters, coaches, chaperone, etc.) into a Jr. Grand Prix via the ISU on-line system, Skate Canada will use a similar internal process as in previous skating seasons. All members of the NextGen Team will be considered “long-listed” entries for Jr. Grand Prix, which is a process similar to the registration process to the Olympic Games. “Long-Listed” does not mean a skater/team will be automatically named to a Jr. Grand Prix but rather there is a possibility that you could be named. Therefore, all “long-listed” skaters will be asked to complete all the required forms for entry to a Jr. Grand Prix.

Skate Canada staff will send NextGen Team members instructions regarding the appropriate documents which need to be completed. We ask that team members respond with the deadline indicated in the communication.

### PROCESS FOR SELECTION TO A JR GRAND PRIX

Grand Prix assignments are not exclusive to members of the NextGen Team. **All skaters competing at the Junior level at select summer competitions who are age eligible according to ISU rules will be assessed along with members of the NextGen Team.** Those skaters showing the strongest potential based on the Jr Grand Prix and Junior International selection guidelines will have greater chances to be named to a Jr Grand Prix.

All NextGen Team members wishing to be selected to a Jr. Grand Prix must take part in the NextGen Competition, plus one additional competition prior to competing at a Jr. Grand Prix. Exceptions will only be made due to an injury which has been reviewed by the Skate Canada High Performance team.

### STAGES OF SELECTION

**Stage 1** – Skaters/teams with medal performances at a 2024 ISU Grand Prix and/or top 10 performance at 2025 World Junior Championships will be nominated to a Jr Grand Prix starting in early July. Follow up monitoring sessions will take place from late-May to late-July to oversee the progress and preparedness of these nominated skaters/teams to ensure they are on track to achieving an optimal performance at the Jr Grand Prix in which they are assigned.

**Stage 2** – Following the monitoring sessions from late May and early July, some additional skaters may be named to a Jr. Grand Prix in early July.

**Stage 3** – Skaters competing in the Junior category during the summer (July & August) will be assessed (NextGen Team members and others). Following these competitions, additional skaters may be named to represent Canada at a Jr Grand Prix.

**Stage 4 (Named to a second Jr Grand Prix)** – Some skaters/teams may be named to a second Jr Grand Prix. The likelihood of being named to a second Jr Grand Prix is based on several factors:

- Competitive performances which demonstrate a strong likelihood of qualifying to the Grand Prix Final. Such performances should be achieving the following **total scores at international competitions**:
  - MEN 210
  - WOMEN 182
  - PAIRS 150
  - ICE DANCE 155

- Skaters/teams may be eligible for a second JGP if they are achieving the best scores in Canada within their discipline and have created a competitive gap amongst other Canadian skaters/teams.

**“LONG-LISTING” PROCESS OF RECENTLY IDENTIFIED SKATERS/TEAMS (not on NextGen Team)**

Skate Canada is continuously working with Skate Canada Sections to identify skaters/teams who have shown considerable improvement during the spring months and are potentially on track to perform well during the upcoming season. These skaters/teams will be monitored prior to being added to the long list. Following the monitoring session, some may be added to the “long-list” of Jr Grand Prix potential skaters. Prior to being named to a Jr Grand Prix, these skaters/teams will be required to compete at the NextGen Competition as a guest or another summer competition to demonstrate they can achieve the required skating standard in a competitive environment.

**OFFICIALLY NAMED TO A JR GRAND PRIX**

Skaters/teams are officially named to a Jr Grand Prix once they have received and accepted the official invitation from Skate Canada. Once accepted, their name will appear on the Skate Canada website.

**NAMED TO A JR GRAND PRIX ON ISU WEBSITE BUT NOT SKATE CANADA WEBSITE**

In some rare instances, a skater’s name may appear on the ISU website as entered in a Jr Grand Prix but are not listed on the Skate Canada website. In this case, the skater has yet to receive an official invitation from Skate Canada and is still being considered for a Jr Grand Prix along with other skaters. This process will be used when Skate Canada needs to reserve the place for an entry. Failure to provide an entry to the ISU by the deadline will result in Skate Canada losing the entry spot which could go to another country.

**SELECTION GUIDELINES**

Skate Canada has developed Selection Guidelines which are based on current skating trends at the Jr. Grand Prix level. The guidelines are designed to ensure Canadian skaters have the success necessary at a Jr Grand Prix to ensure the smoothest transition to the Senior category which will assist them to succeed internationally on a long-term basis. Success at a Jr Grand Prix is not necessarily measured by medals won, but by having Canadian skaters be competitive, performing at their personal best, and self-identifying the factors which can contribute to personal best performances. Please refer to Appendix A for the Selection Guidelines

**MONITORING SESSIONS IN A TRAINING ENVIRONMENT**

NextGen skaters will be monitored in their daily training environment. The purpose of these monitoring sessions is to provide feedback to the skaters on their development and to ensure that the skater is on track to performing well at upcoming competitions. Decisions with regards to selection to a Jr Grand Prix may be made following these monitoring sessions. These monitoring sessions will include some members of the Skate Canada High Performance Team. In some cases, a Section representative may also assist in the monitoring sessions. Skaters will be expected to perform a free program in which the technical content performed may be adjusted depending on the program’s stage of development. Any technical elements which are not performed in the program must be performed in isolation with a few repetitions to demonstrate the consistency and quality of the elements.

**MONITORING DURING SUMMER COMPETITIONS**

All NextGen Team members will be monitored at select summer competitions. Some benefits Skate Canada hope skaters achieve with this monitoring and debrief process are:

- Improved performances
- Clearer focus and direction
- Greater personal satisfaction which leads to greater confidence

Coaches of NextGen Team members will be asked to set up a meeting time following the event in order to have a brief discussion.

**COMPETITION PERFORMANCE READINESS**

Once officially named by Skate Canada to a Jr Grand Prix or an international competition, athletes must follow the training plan as discussed during their yearly planning meeting. Any changes to the training plan, coaching team or

training location must be discussed and agreed with Skate Canada prior to taking place. Failure to do so can result in Skate Canada removing the athlete from the Jr Grand Prix or international competition.

If an athlete is unable to train due to an injury for more than 48 hours, they must inform Skate Canada immediately. A discussion regarding a recovery plan will take place to ensure the athlete is competition ready.

**WORKSHOPS FOR PARENTS OF POTENTIAL JR GRAND PRIX SKATERS**

Skate Canada will conduct workshops for parents during the summer. One will take place during the NextGen Competition in English, while others will take place virtually in English and French from late July to early August.

At least one parent of each skater is required to attend a workshop. Should a parent of a skater not attend, Skate Canada will have the right to withdraw the skater from the Jr Grand Prix or International competition. In addition, this is an opportunity for Skate Canada High Performance staff to meet the parents and answer any questions.

This year, the focus of the workshop is to provide parents with the following information:

- the benefits of working with a physiotherapist regularly,
- roles and responsibilities of the chaperone at international competitions,
- Skate Canada's approach to preparing a team for international competitions.

In addition, these workshops will provide an opportunity for parents to meet other parents and build a supportive community of parents of NextGen skaters.

During JGPs, Chaperone passes are only available to individuals who attended this workshop.

## Appendix A - Selection to 2025 Jr Grand Prix and International Competitions

Skate Canada will take the following factors into consideration when making decisions regarding the selection of skaters/teams to represent Canada at Jr Grand Prix and Jr International competitions:

- Selection will be based on those skaters who can best demonstrate the potential to achieve the skills and scores outlined in this document which are based on World trends at Jr Grand Prix
- The number of years a skater/team is eligible in Junior
- The skater/team's consistency of performances from one competition to the next
- The improvement and progress the skater/team has made from the previous season
- The number of available entries at the Jr Grand Prix
- Skate Canada budget

Below are the proposed domestic scores and skill levels skaters should be able to achieve at the select summer competitions to be considered for selection.

	Jr Eligible Years	Total Score Domestic	Technical Skill Level (Jumps with minor errors will be considered)
MEN	2 or less <sup>#</sup>	200	Skaters should be striving to be competitive with the top 6 skaters at Jr Grand Prix and able to perform the following technical elements: SHORT PROGRAM: triple solo jump, triple + triple combo, triple Axel, all spins with positive GOE FREE PROGRAM: 5 different triples, 7 triples in the free, at least one triple + triple, a triple Axel or quad, two spins with positive GOE. PROGRAM COMPONENTS should be on average 6.5 or higher.
	3 or more <sup>#</sup>	180	Skaters should be striving to be competitive with the top 12 skaters at Jr Grand Prix and able to perform the following technical elements: SHORT PROGRAM: triple solo jump, triple + triple combo or triple Axel, all spins with positive GOE FREE PROGRAM: 4 different triples, 6 triples in the free, an attempt at a triple + triple or double Axel + triple combo, two spins with positive GOE. PROGRAM COMPONENTS should be on average 5.5 or higher.

<sup>#</sup> As of July 1, 2025

## Appendix A - Selection to 2025 Jr Grand Prix and International Competitions (Cont.)

LADIES	Jr Eligible Years	Total Score Domestic	Technical Skill Level (Jumps with minor errors will be considered)
	2 or less #	163	Skaters should be striving to be competitive with the top 6 skaters at Jr Grand Prix and able to perform the following technical elements: SHORT PROGRAM: triple solo jump, triple + triple combo, all spins with positive GOE FREE PROGRAM: 4 different triples, 5 triples in the free, at least one triple + triple or double Axel + triple combo, two spins with positive GOE. PROGRAM COMPONENTS should be on average 6.5 or higher.
	3 or more #	155	Skaters should be striving to be competitive with the top 12 skaters at Jr Grand Prix and able to perform the following technical elements: SHORT PROGRAM: triple solo jump, triple + triple combo or triple + double combo with triple loop or lutz, all spins with positive GOE FREE PROGRAM: 3 different triples, 4 triples in the free, an attempt at a triple + triple or double Axel + triple combo, two spins with positive GOE. PROGRAM COMPONENTS should be on average 5.5 or higher.

# As of July 1, 2025

PAIRS	Jr Eligible Years #	Total Score Domestic	Technical Skill Level (Some elements with minor errors will be considered)
	2 or less #	145	Teams should be striving to be competitive with the top 4 teams at Jr Grand Prix and able to perform the following technical elements: SHORT PROGRAM: Double Axel, plus triple twist and throw triple. All other elements should be performed with positive GOE. FREE PROGRAM: Double Axel, plus achieve 3 of the 4 following elements: 1 triple twist, 1 triple jump, 1 triple throw jumps, 1 additional throw jump. All other elements should be performed with positive GOE. PROGRAM COMPONENTS should be on average 6.5 or higher.
	3 or more #	130	Teams should be striving to be competitive with the top 8 teams at Jr Grand Prix and able to perform the following technical elements: SHORT PROGRAM: Double Axel, plus triple twist or throw triple. All other elements should be performed with positive GOE. FREE PROGRAM: Double Axel, plus achieve 2 of the 4 following elements: 1 triple twist Level 1, 1 triple jump, 1 triple throw jumps, 1 additional throw jump. All other elements should be performed with positive GOE. PROGRAM COMPONENTS should be on average 5.5 or higher.

# As of July 1, 2025

(Eligible years will be used as a guide should there be a large age difference between partners)

## Appendix A - Selection to 2025 Jr Grand Prix and International Competitions (Cont.)

	Jr Eligible Years	Total Score Domestic	Technical Skill Level in the Rhythm Dance and Free Dance
ICE DANCE	2 or less <sup>#</sup>	150	Teams should be striving to be competitive with the top 5 teams at Jr Grand Prix and able to achieve the following technical elements: Rhythm Dance key points at a minimum Level 2, one step sequence at a minimum Level 3, another step at a minimum Level 2, at least one Twizzles Level 4 and an average GOE on all technical elements of <u>+1.0</u> or higher. PROGRAM COMPONENTS should be on average 6.5 or higher.
	3 or more <sup>#</sup>	130	Teams should be striving to be competitive with the top 10 teams at Jr Grand Prix and able to achieve the following technical elements: Rhythm Dance key points at a minimum Level 2, both step sequences at a minimum Level 2, at least one Twizzles Level 3 and an average GOE on all technical elements of <u>+0.75</u> or higher. PROGRAM COMPONENTS should be on average 5.5 or higher.

<sup>#</sup> As of July 1, 2025

(Eligible years will be used as a guide should there be a large age difference between partners)