



## 2023 NextGen Program Team Selection Guidelines

JANUARY 2023

The current selection guidelines are based on following circumstances:

- current Canadian standard within each Junior and Senior discipline
- scores and skill levels achieved by the top skaters at the 2022 Jr Grand Prix Series
- trends within the Junior and Senior category

The guidelines are designed with the hope of encouraging skaters to achieve these scores and skills to be competitive with the top skaters competing in the Jr Grand Prix Series. As skating on the World stage improves, the selection guideline will similarly increase to ensure Canadian skaters remain competitive on the international stage.

The 2023 Skate Canada NextGen Team Selection Guidelines are as follows:

- **AGE:** Skaters/teams should **age eligible to compete for Canada at the Jr Grand Prix** level.
- **SCORES:** Skaters/teams who **achieve the scores listed in this document at a 2022 Junior Grand Prix or International Competition<sup>1</sup>** will automatically be named to the 2023 NextGen Team
- **SKILLS:** Skaters/teams in the Junior categories who **achieved the technical and performance skills similar to international trends** at 2023 SC Nationals. Performances at the 2023 SC Challenge and other competitions between July 2022 and March 2023 may also be taken into consideration. Skaters with 3 or more years eligible in the Junior category should achieve all the benchmarks in the “Train to Train – Novice stage of development in the Skate Canada LTD”. In addition, these skaters should begin achieving some benchmarks in the “Train to Compete – Junior”. Skaters with 2 years or less should be achieving most of the benchmarks at the “Train to Compete - Junior stage of development in the Skate Canada LTD”. Please refer to the Skate Canada Long Term Development (Podium Pathway) documents currently available in the Info Center on the Skate Canada website.
- **IMPROVEMENT:** The **improvement in skills** and scores a skater/teams achieve from one year to the next will be taken into consideration.
- **NEW PAIR & ICE DANCE TEAMS:** Starting in April 2023, new Pair or Ice Dance teams who demonstrate an ability of achieving the required competitive scores and technical skills could be added to the NextGenTeam. These teams will be monitored to determine if they should be named to NextGen Team.
- **OTHER:** In special circumstances, as it has been done in the past, the Skate Canada NextGen Director may add skaters/teams to the NextGen Team if they have demonstrated that they can consistently perform in a competition environment the skills outlined in this document. Such additions to the NextGen Team may occur following a monitoring session during training or a competition performance.

<sup>1</sup> *International Competition includes 2022 Ice Challenge in Graz Austria and other international competitions during the 2022-23 ISU calendar in which Skate Canada sent and financially supported skaters*

### Targeted Total Scores

	Men	Women	Pairs	Ice Dance
<b>2 years or less – Junior age eligibility</b>	210.00	170.00	155.00	145.00
<b>3 years or more – Junior age eligibility</b>	170.00	145.00	130.00	130.00



**2023 NextGen Program**  
**Team Selection Guidelines**

**MEN**

Skill Level (minor errors allowed in the jumps)	Jr Eligible Years
<p>In competition:</p> <ul style="list-style-type: none"> <li>- Triple + triple combo with 3Lo, 3F or Lz (short and free)</li> <li>- triple solo jump and triple Axel (short)</li> <li>- all triple jumps (including triple Axel) (free)</li> <li>- spins and step sequence in the +GOE</li> <li>- Most elements must be performed with speed</li> </ul> <p>AVERAGE PC (not factored): 6.5 or higher</p> <p>In training, a quad jump should be in development</p>	2 or less <sup>#</sup>
<p>In competition:</p> <ul style="list-style-type: none"> <li>- triple + triple Combo (short &amp; free)</li> <li>- triple solo jump (short)</li> <li>- Five different triples (free)</li> <li>- spins and step sequence in the +GOE</li> <li>- Most elements must be performed with speed</li> </ul> <p>AVERAGE PC (not factored): 6 or higher</p> <p>In training, the 3A should be in development</p>	3 or more <sup>#</sup>

<sup>#</sup> As of July 1, 2023

**WOMEN**

Skill Level (minor errors allowed in the jumps)	
<p>In competition:</p> <ul style="list-style-type: none"> <li>- Triple + triple combo with 3F or 3Lz (short)</li> <li>- triple solo jump</li> <li>- Four different triples (free)</li> <li>- at least one triple + triple combo (free)</li> <li>- spins and step sequence in the +GOE</li> <li>- Most elements must be performed with speed</li> </ul> <p>AVERAGE PC (not factored): 6.0 or higher</p> <p>In training, a 5<sup>th</sup> triple jump should be in development</p>	2 or less <sup>#</sup>
<p>In competition:</p> <ul style="list-style-type: none"> <li>- Triple + triple combo or combo with 3F or 3Lz (short)</li> <li>- triple solo jump</li> <li>- Four different triples</li> <li>- triple + triple combo (free)</li> <li>- spins and step sequence in the +GOE</li> <li>- Most elements must be performed with speed</li> </ul> <p>AVERAGE PC (not factored): 5.5 or higher</p> <p>In training, Triple + triple combo with 3Lo, 3F or 3Lz should be in development, as well as a 5<sup>th</sup> triple jump</p>	3 or more <sup>#</sup>

<sup>#</sup> As of July 1, 2023



## 2023 NextGen Program Team Selection Guidelines

### PAIRS

Skill Level (minor errors allowed)
<p>In competition, achieve at least five of the following bullet points:</p> <ul style="list-style-type: none"> <li>• Double Axel with an average GOE 0 or higher</li> <li>• Throw double jump with an average GOE +2 or higher</li> <li>• One throw triple jump with an average GOE -1 or higher</li> <li>• Double twist at Level 2 with an average GOE +1 or higher</li> <li>• Spins (solo and pair) at a Level 4 with an average GOE +1 or higher</li> <li>• Lifts at a Level 3 with an average GOE +1 or higher (additional focus will be placed male skater's footwork technique, and female skater's positions and extensions)</li> <li>• Death spiral (forward inside) at a Level 2 and Step Sequence at a Level 2 with an average GOE +1 or higher</li> <li>• Most elements must be performed with speed</li> </ul> <p>AVERAGE PC (not factored): 4.50 or higher</p> <p>In training, skaters should be working on the development of the triple twist, another throw triple jump and a triple solo jump.</p>

### ICE DANCE

Skill Level (minor errors allowed)	
<p>Skaters should be able to execute the following elements:</p> <ul style="list-style-type: none"> <li>• Step sequence at an average Level 2.5 or higher with an average GOE +1 or higher</li> <li>• Twizzles at an average Level 3.5 or higher with an average GOE +1 or higher</li> <li>• Spins and Lifts at a Level 4 with an average GOE +2 or higher</li> </ul> <p>Demonstrate an ability to achieve an average PC score of 7.00 or higher</p>	2 or less <sup>#</sup>
<p>Skaters should be able to execute the following elements:</p> <ul style="list-style-type: none"> <li>• Step sequence at an average Level 2 or higher with an average GOE +1 or higher</li> <li>• Twizzles at an average Level 3 or higher with an average GOE +1 or higher</li> <li>• Spins and Lifts at a Level 4 with an average GOE +2 or higher</li> </ul> <p>Demonstrate an ability to achieve an average PC score of 6.00 or higher</p>	3 or more <sup>#</sup>

<sup>#</sup> As of July 1, 2023