

Skate Canada – 2021 NextGen Program

NextGen Team Selection Guidelines



19 March 2021

These guidelines are designed with the hope of encouraging skaters to strive to achieve scores and skills to be competitive with the top skaters competing in the Jr Grand Prix Series. As skating on the World stage improves, the selection guidelines will be adjusted to ensure Canadian skaters remain competitive on the international stage. The selection process for the 2021 NextGen Team will take into consideration the current circumstances; a lack of competitive opportunities during the 2020-2021 skating season, and the disruptions to training which have affected the development of numerous skaters.

The 2021 Skate Canada NextGen Team Selection Guidelines are as follows:

- Skaters/teams should be **age eligible to compete for Canada at the Jr Grand Prix** level.
- Additional factors which will be taken into consideration:
 - **Scores achieved** at 2019 Junior Grand Prix or International Competitions¹
 - **Technical skills performed and scores achieved** at 2021 SC Challenge
 - **Technical skills performed** during monitoring sessions with the Skate Canada High Performance Team during spring 2021. (Skate Canada will work with Section Technical Directors and coaches to organize the monitoring sessions. During the monitoring sessions, skaters will perform technical elements in isolation.)

¹ *International Competition includes 2019 Halloween Cup, 2019 Volvo Cup and 2020 Bavarian Open*

Scores and technical skills skaters should strive to achieve for selection are as follows:

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	Level	Skill Level (minor errors allowed in jumping elements)	Total Score	Jr Eligible Years
MEN	Junior or Novice	<p>Skaters should be able to execute the following elements:</p> <ul style="list-style-type: none"> • Triple Axel with an average GOE 0 or higher • Short program solo jump (triple flip) with an average GOE +2 or higher • Short program jump combination which includes 3Lo or 3Lz along with a 3T or 3Lo with an average GOE +1 or higher • Three additional triple jumps (other than those executed in the short program) with an average GOE +2 or higher • A quad jump with an average GOE of 0 or higher • Some elements must be performed with speed • Spins at a Level 4 with an average GOE +3 or higher • Step sequence at a Level 3 with an average GOE +3 or higher • Demonstrate an ability to achieve an average PC score of 6.50 or higher 	200	2 or less [#]
	Junior or Novice	<p>Skaters should be able to execute the following elements:</p> <ul style="list-style-type: none"> • Double Axel with an average GOE +3 or higher • Short program solo jump (triple flip) with an average GOE +1 or higher • Short program jump combination which includes 3Lo or 3Lz or any triple/triple jump combination with an average GOE +1 or higher • Three additional triple jumps (other than those executed in the short program) with an average GOE +1 or higher • Some elements must be performed with speed • Spins at a Level 4 with an average GOE +2 or higher • Step sequence at a Level 3 with an average GOE +2 or higher • Demonstrate an ability to achieve an average PC score of 6.00 or higher <p>Skaters should be working on the development of the triple Axel and a quad jump.</p>	170	3 or more [#]

[#] As of July 1, 2021

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	Level	Skill Level (minor errors allowed in jumping elements)	Total Score	Jr Eligible Years
WOMEN	Junior or Novice	Skaters should be able to execute the following elements: <ul style="list-style-type: none"> • Double Axel with an average GOE +3 or higher • Short program solo jump (triple flip) with an average GOE +1 or higher • Short program jump combination which includes 3Lo, 3Lz or any triple/triple jump combination with an average GOE +1 or higher • Two additional triple jumps (other than those executed in the short program) with an average GOE +1 or higher • Some elements must be performed with speed • Spins at a Level 4 with an average GOE +3 or higher • Step sequence at a Level 3 with an average GOE +3 or higher • Demonstrate an ability to achieve an average PC score of 6.50 or higher 	146	2 or less [#]
	Junior or Novice	Skaters should be able to execute the following elements: <ul style="list-style-type: none"> • Double Axel with an average GOE +2 or higher • Short program solo jump (triple flip) with an average GOE 0 or higher • Short program jump combination which includes 3Lo, 3Lz or any triple/triple jump combination with an average GOE 0 or higher • One additional triple jumps (other than those executed in the short program) with an average GOE 0 or higher • Some elements must be performed with speed • Spins at a Level 4 with an average GOE +3 or higher • Step sequence at a Level 3 with an average GOE +3 or higher • Demonstrate an ability to achieve an average PC score of 5.50 or higher 	131	3 or more [#]

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	Level	Skill Level	Total Score	Jr Eligible Years
PAIRS	Junior or Novice	<p>Skaters should be able to execute the following elements:</p> <ul style="list-style-type: none"> • Double Axel with an average GOE +1 or higher • Throw triple jump (Salchow) with an average GOE 0 or higher • Triple twist at Level 1 with an average GOE 0 or higher • Spins (solo and pair) at a Level 4 with an average GOE +2 or higher • Lifts at a Level 3 with an average GOE +2 or higher (additional focus will be placed male skater’s footwork and female skater’s position) • Death spiral (backward outside) and Step Sequence at a Level 2 with an average GOE +2 or higher • Some elements must be performed with speed • Demonstrate an ability to achieve an average PC score of 5.50 or higher <p>Skaters should be working on the development of an additional throw triple jump and a triple solo jump.</p>	130	3 or less [#]
	Junior or Novice	<p>Skaters should be able to execute the following elements:</p> <ul style="list-style-type: none"> • Double Axel with an average GOE 0 or higher • Throw triple jump (Salchow) with an average GOE 0 or higher • Double twist at Level 2 with an average GOE +1 or higher • Spins (solo and pair) at a Level 4 with an average GOE +1 or higher • Lifts at a Level 3 with an average GOE +1 or higher (additional focus will be placed male skater’s footwork and female skater’s position) • Death spiral (backward outside) at a Level 1 and Step Sequence at a Level 2 with an average GOE +1 or higher • Some elements must be performed with speed • Demonstrate an ability to achieve an average PC score of 4.50 or higher <p>Skaters should be working on the development of the triple twist, an additional throw triple jump and a triple solo jump.</p>	117	4 or more [#]

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ICE DANCE	Level	Skill Level	Total Score	Jr Eligible Years
	Junior	<p>Skaters should be able to execute the following elements:</p> <ul style="list-style-type: none"> • Step sequence at an average Level 2.5 or higher with an average GOE +1 or higher • Twizzles at an average Level 3.5 or higher with an average GOE +1 or higher • Spins and Lifts at a Level 4 with an average GOE +2 or higher • Demonstrate an ability to achieve an average PC score of 7.00 or higher 	150	2 or less [#]
	Junior	<p>Skaters should be able to execute the following elements:</p> <ul style="list-style-type: none"> • Step sequence at an average Level 2 or higher with an average GOE +1 or higher • Twizzles at an average Level 3 or higher with an average GOE +1 or higher • Spins and Lifts at a Level 4 with an average GOE +2 or higher • Demonstrate an ability to achieve an average PC score of 6.00 or higher 	135	3 or more [#]
	Novice	<p>Skaters should be able to execute the following elements:</p> <ul style="list-style-type: none"> • Step sequence at an average Level 2.5 or higher with an average GOE +1 or higher • Twizzles at an average Level 3.5 or higher with an average GOE +1 or higher • Spins and Lifts at a Level 4 with an average GOE +1 or higher • Demonstrate an ability to achieve an average PC score of 6.00 or higher 		3 or less [#]
	Novice	<p>Skaters should be able to execute the following elements:</p> <ul style="list-style-type: none"> • Step sequence at an average Level 2 or higher with an average GOE +1 or higher • Twizzles at an average Level 3 or higher with an average GOE +1 or higher • Spins and Lifts at a Level 4 with an average GOE +1 or higher • Demonstrate an ability to achieve an average PC score of 5.00 or higher 		4 or more [#]

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