

Selection to 2018 Jr Grand Prix and International Competitions

The ISU has officially announced the 2018/19 Jr Grand Prix Season. Canada is eligible to send entries to the following competitions:

Location	Dates	Men	Ladies	Pairs	Ice Dance
Bratislava, SVK	22-25 AUG	2	1	3	2
Linz, AUT	29 AUG-1 SEP	2	1	3	2
Kaunas, LTU	05-08 SEP	2	1	N/A	2
Vancouver, CAN	12-15 SEP	3	3	No limit	3
Ostrava, CZE	26-29 SEP	2	-	3	2
Ljubljana, SLO	03-06 OCT	2	1	N/A	2
Yerevan, ARM	10-13 OCT	2	-	N/A	2
Vancouver, CAN	05-09 DEC	TBD	TBD	TBD	TBD

LONG-LISTING OF SKATERS

To ease the process of quickly entering delegations (skaters, coaches, chaperone, etc.) into a Jr. Grand Prix via the ISU on-line system, Skate Canada will a similar internal process as the 2017/18 season. All members of the NextGen Team will be considered “long-listed” entries for Jr. Grand Prix, which is a process similar to the registration process to the Olympic Games. “Long-Listed” does not mean a skater/team will be automatically named to a Jr. Grand Prix but rather there is a probability that you could be named. Therefore, all “long-listed” skaters will be asked to complete all the entry forms for the Jr. Grand Prix. Electronic forms will be available on the Skate Canada website once they become available. Forms must be completed within 14 days after they become available.

NextGen Team members should expect to receive the forms no later than the end of June. Skaters will be required to complete those forms and send scanned versions of them to Skate Canada within 10 business days.

PROCESS FOR SELECTION TO A JR GRAND PRIX

Grand Prix assignment are not exclusive to the NextGen Team. **All skaters competing at the Junior level at the Summer Series who are age eligible according to ISU rules will be assessed along with members of the NextGen Team.** Those skaters showing the strongest potential based on the Jr Grand Prix selection guidelines will have greater chances to be named to a Jr Grand Prix.

STAGES OF SELECTION

Stage 1 – Skaters/teams with the medal performances at 2017 ISU Grand Prix and/or top 10 performance at 2018 World Junior Championships will be nominated to Jr Grand Prix starting in mid-June. Follow up monitoring sessions will take place from mid-June to late-July to oversee the progress and preparedness of these nominated skaters/teams to ensure they are on track to achieving an optimal performance at the Jr Grand Prix in which they are assigned.

Stage 2 – Based on performances at the NextGen Team Camp, some skaters will be monitored during training in late June or early July. Following these monitoring sessions, there is a probability that some additional skaters will be named to a Jr. Grand Prix in early July. These skaters will be required to compete in at least one Summer Series competition to ensure that

Selection to 2018 Jr Grand Prix and International Competitions

the progress during the summer months is on track to achieving an optimal performance at a Jr Grand Prix.

Stage 3 – During the Summer Series competitions, all skaters competing in the Junior category will be monitored. Following these competitions, additional skaters may be named to represent Canada at a Jr Grand Prix.

“LONG-LISTING” PROCESS FOR NEW PAIR AND ICE DANCE TEAM

New Pair and Ice Dance Teams who feel they have a strong possibility of achieving the selection guidelines at a 2018 Summer Series competition should contact their Section Technical Director to arrange to take part in a June Camp in which Skate Canada technical advisors will be present. The Camps are currently being scheduled from mid to late June and range from 1 to 3 days. Skate Canada is already working with various Sections to identify any new or existing teams who have shown good development during the spring months and are potentially on track to perform well at a Jr Grand Prix. New Pair and Ice Dance Teams who have yet to be identified and feel they have a strong possibility of achieving the selection guidelines at a 2018 Summer Series competition should contact their Section Technical Director to arrange to participate in a monitoring session in June. All new teams will be monitored at training camps in BC, AB, ON and QC from mid to late June. Following the monitoring session, some new teams may be added to the “long-list” of Jr Grand Prix potential skaters. Prior to be named to a Jr Grand Prix, new teams will be required to compete at a Summer Series competition to demonstrate they can achieve the required skating standard in a competitive environment.

OFFICIALLY NAMED TO A JR GRAND PRIX

Skaters/teams are officially named to a Jr Grand Prix once they have received and accepted the official invitation from Skate Canada. Once accepted, their name will appear on the Skate Canada website.

NAMED TO A JR GRAND PRIX ON ISU WEBSITE BUT NOT SKATE CANADA WEBSITE

In some rare instances, a skater’s name may appear on the ISU website as entered in a Jr Grand Prix and not the Skate Canada website. In this case, the skater has yet to receive an official invitation from Skate Canada and is still being considered for a Jr Grand Prix along with other skaters. This process will be used when Skate Canada needs to reserve the place for an entry. Failure to provide an entry to the ISU by the deadline will result in Skate Canada losing the entry spot which could go to another country.

SELECTION GUIDELINES

Skate Canada has developed Selection Guidelines which are based on current skating trends at the Jr. Grand Prix. The guidelines are designed to ensure Canadian skaters have the success necessary at a Jr Grand Prix to ensure the smoothest transition to the Senior category which will assist them to succeed international on a long-term basis. Success at a Jr Grand Prix is not necessarily measured by medals won, but by having Canadians skaters be competitive at Jr Grand Prix, performing at their personal best and self-identifying the factors which can contribute to personal best performances. Please refer to Appendix A for the Selection Guidelines

MONITORING SESSIONS IN A TRAINING ENVIRONMENT

Some NextGen skaters may be monitored in a training environment. The purpose of these monitoring sessions is to provide feedback to the skaters on the development and to ensure that the skater is on track to performing well at upcoming competitions. Decision with regards to selection to a Jr Grand Prix may be made following these type of monitoring sessions. These monitoring sessions will include some members of the Skate Canada High Performance Team. In some cases, a Section representative may also assist in the monitoring sessions. Skaters will be excepted to performance programs in which the technical content performed may be adjusted depending on the program's stage of development. Any technical elements which are not performed in the program must be performed in isolation with a few repetitions to demonstrate the consistency and quality of the elements.

MONITORING DURING SUMMER SERIES COMPETITIONS

All NextGen Team members will be monitored at Summer Series competitions. Some benefits Skate Canada hopes skaters achieve with this monitoring and debrief process are:

- Improve performances
- Increased motivation
- Clearer focus and direction
- Greater personal satisfaction which leads to greater confidence

Prior to the competitions, skaters and coaches will be informed of which Skate Canada officials will conduct their monitoring and debrief session. Similar to 2016, skaters will be asked to complete Part 1 - Performance Plan & Objectives of the "Competition Monitoring Form" and hand it over to the NextGen Director prior to the start of their event. Following their events, skaters must complete Part 2 - Post Competition Debrief of the "Competition Monitoring Form" prior to meeting with the monitors. Skaters are encouraged to work with their coach to complete this form. As soon as their event is completed, skaters and/coaches should follow up with the monitor to schedule the time and location for the debrief. In most cases, it should be done within an hour or two after the event. Due to the busy schedules of coaches and monitors at summer competitions, the debrief sessions will often be no more than 10 to 15 minutes.

WORKSHOPS FOR PARENTS OF POTENTIAL JR GRAND PRIX SKATERS

Skate Canada will again conduct workshops for parents at the Summer Series competitions for all NextGen Team Members and "Long-Listed" teams.

A sport psychologist and a member of the Skate Canada High Performance Team will deliver the presentation. The focus of the presentation is "Parenting an Athlete Competing at the International Level".

At least one parent of each skater is required to attend a workshop. Should a parent of a skater not attend, Skate Canada will have the right to withdraw the skater from the Jr Grand Prix or International competition. In addition, this is an opportunity for Skate Canada High Performance staff to meet the parents and answer any questions.



Selection to 2018 Jr Grand Prix and International Competitions

The workshops will be held at least twice at every Summer Series competitions and will be scheduled around the Junior events to ensure a parent of the skater can attend. The workshop will be about 60 to 90 minutes.

Selection to 2018 Jr Grand Prix and International Competitions

Appendix A - Selection to 2018 Jr Grand Prix and International Competitions

Skate Canada will take in the following factors into consideration when making decisions with regards to the selection of skaters/teams to represent Canada at Jr Grand Prix and Jr International competitions:

- Selection will be based on those skaters who can best demonstrate the potential to achieve the skills outlined in this document which are based on World trends at Jr Grand Prix'
- The number of years a skater/team is eligible in Junior
- The skater/team's consistency of performances from one competition to the next
- The improvement and progress the skater/team has made from the previous season
- The number of available entries at the Jr Grand Prix
- Skate Canada budget

Below are the proposed skill levels for selection which should be achieved at the Summer Series competitions

	Jr Eligible Years	Total Score	Technical Skill Level (Jumps with minors will be considered)
MEN	2 or less #	N/A	Skaters should be striving to be competitive with the top 6 skaters at the Jr Grand Prix and able to achieve the following technical elements: SHORT PROGRAM: triple solo jump, triple + triple combo, triple Axel, all spins with a positive GOE FREE PROGRAM: 5 different triples, 7 triples in the free, at least one triple + triple or double Axel + triple combo, a triple Axel or quad, two spins with a positive GOE
	3 or more #	N/A	Skaters should be striving to be competitive with the top 12 skaters at the Jr Grand Prix and able to achieve the following technical elements: SHORT PROGRAM: triple solo jump, triple + triple combo or triple Axel, all spins with a positive GOE FREE PROGRAM: 4 different triples, 6 triples in the free, an attempt at a triple + triple or double Axel + triple combo, two spins with a positive GOE

As of July 1, 2018

Selection to 2018 Jr Grand Prix and International Competitions

Appendix A - Selection to 2018 Jr Grand Prix and International Competitions

LADIES	Jr Eligible Years	Total Score	Technical Skill Level (Jumps with minors will be considered)
	2 or less #	N/A	Skaters should be striving to be competitive with the top 6 skaters at the Jr Grand Prix and able to achieve the following technical elements: SHORT PROGRAM: triple solo jump, triple + triple combo, all spins with a positive GOE FREE PROGRAM: 4 different triples, 5 triples in the free, at least one triple + triple or double Axel + triple combo, two spins with a positive GOE
	3 or more #	N/A	Skaters should be striving to be competitive with the top 12 skaters at the Jr Grand Prix and able to achieve the following technical elements: SHORT PROGRAM: triple solo jump, triple + triple combo or triple + double combo with triple loop or lutz, all spins with a positive GOE FREE PROGRAM: 3 different triples, 4 triples in the free, an attempt at a triple + triple or double Axel + triple combo, two spins with a positive GOE

As of July 1, 2018

PAIRS	Jr Eligible Years #	Total Score	Technical Skill Level (Elements with minors will be considered)
	2 or less #	N/A	Teams should be striving to be competitive with the top 4 teams at the Jr Grand Prix and able to achieve the following technical elements: SHORT PROGRAM: Double Axel, plus triple twist and throw triple FREE PROGRAM: Double Axel, plus achieve 3 of the 4 following elements: 1 triple twist, 1 triple jump, 1 triple throw jumps, 1 additional throw jump
	3 or more #	N/A	Teams should be striving to be competitive with the top 8 teams at the Jr Grand Prix and able to achieve the following technical elements: SHORT PROGRAM: Double Axel, plus triple twist or throw triple FREE PROGRAM: Double Axel, plus achieve 2 of the 4 following elements: 1 triple twist Level 1, 1 triple jump, 1 triple throw jumps, 1 additional throw jump

As of July 1, 2018

(Eligible years will be used as a guide should there be a large age difference between partners)

ICE DANCE	Jr Eligible Years	Total Score	Technical Skill Level in the Short Dance and Free Dance
	2 or less #	N/A	Teams should be striving to be competitive with the top 5 teams at the Jr Grand Prix and able to achieve the following technical elements: 1 step sequence at a minimum Level 3, another step at a minimum Level 2, at least 1 Twizzles Level 4 and an average GOE on all technical elements of <u>+1.0</u> or higher
	3 or more #	N/A	Teams should be striving to be competitive with the top 10 teams at the Jr Grand Prix and able to achieve the following technical elements: 2 step sequences at a minimum Level 2, at least 1 Twizzles Level 3 and an average GOE on all technical elements of <u>+0.75</u> or higher

As of July 1, 2018

(Eligible years will be used as a guide should there be a large age difference between partners)